



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			YOUR KEY TO ALL OUR ACTIVITIES FIRST FLOOR (GH) Great Hall (GR) Gathering Room (C) Chapel (BR) Billiards Room SECOND FLOOR & COTTAGES (EC) Entertainment Center (L) Library (CL) Cozy Lounge (RD) Dining Room (CCH) Cottage Club House			
10:00 am Communion (EC) 1:30 pm Game time: Mexican Train and a variety of Card Games (EC) 5:30 pm Movie Night (GH)	9:15 am Devotions (GH) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 11:30 am SCRABBLE (L) 1:00 pm Dominoes (L) 2:00 pm OM:NI (BR)	9:15 am Devotions (GH) 11:00 am Walking (EC) 1:00 pm Penny Bingo (RD) 1:30 pm Balanced Body (EC) 6:00 pm Phase 10 (EC)	9:15 am Devotions (GH) 9:30 am Breakfast Club (RD) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 1:00 pm Mexican Train (EC) 2:00 pm Bridge (EC) 6:00 pm Movie Night (GH)	9:15 am Devotions (GH) 10:00 am Community Craft Project (RD) 11:00 am Walking (EC) 1:00 pm Blood Pressure Check (EC) 1:30 pm Balanced Body (EC) 2:00 pm Hand Maidens (CL) 3:15 pm Bible Study (EC) 6:30 pm Resident-led Bingo (EC)	9:15 am Devotions (GH) 9:30 am Breakfast Club (RD) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 1:00 pm Mexican Train (EC) 3:00 pm Happy Hour Fools on Stools (GH)	9:15 am Devotions (GH) 10:00 am Fort Gibson Historic Site 2:00 pm Card Games/Bridge (EC)
10:00 am Communion (EC) 1:30 pm Game time: Mexican Train and a variety of Card Games (EC) 5:30 pm Movie Night (GH) ACTIVE AGING WEEK	COLUMBUS DAY 9:15 am Devotions (GH) 9:30 am CoreFIT OUTSIDE 10:15 am Chair Exercise (EC) 11:00 am Just Move OUTSIDE 11:30 am SCRABBLE (L) 1:00 pm Book Club (L) 1:00 pm Dominoes (L) 2:00 pm OM:NI (BR) 3:00 pm Choir Practice (GH) w/Richard Hicks	9:15 am Devotions (GH) 10:30 am Ambassador Mtg (EC) 11:00 am Walking AT THE MALL 1:00 pm Penny Bingo (RD) 1:30 pm Balanced Body (EC) 2:00 pm Activities Committee (GH) 6:00 pm Phase 10 (EC)	NATIONAL M&M'S DAY 9:15 am Devotions (GH) 9:30 am Breakfast Club (RD) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 1:00 pm Newcomers Meeting (EC) 1:00 pm Mexican Train (EC) 2:00 PM Topic on Portion Control by Coach Jen (GH) 2:00 pm Bridge (EC) 6:00 pm Movie Night (GH)	9:15 am Devotions (GH) 10:00 am Community Craft (RD) 11:00 am Walking NATURE WALK 1:00 pm Blood Pressure Check (EC) 1:30 pm Balanced Body (EC) 2:00 pm Hand Maidens (CL) 3:15 pm Bible Study (EC) 6:30 pm Resident-led Bingo (EC)	9:05 am Devotions and Morning Stretch POOLSIDE 9:30 am Breakfast Club (RD) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 1:00 pm Mexican Train (EC) 3:00 pm Happy Hour Leon Pearly (GH)	SWEETEST DAY 9:15 am Devotions (GH) 2:00 pm Arm Chair Travel (GH) 2:00 pm Card Games/Bridge (EC)
10:00 am Communion (EC) 1:30 pm Game time: Mexican Train and a variety of Card Games (EC) 5:30 pm Movie Night (GH)	9:15 am Devotions (GH) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 11:30 am SCRABBLE (L) 1:00 pm Dominoes (L) 2:00 pm OM:NI (BR)	9:15 am Devotions (GH) 10:30 am Lunch Out - Rancho Grande 11:00 am Walking (EC) 1:00 pm Penny Bingo (RD) 1:30 pm Balanced Body (EC) 2:00 pm Let's Talk Fishing (GH) 6:00 pm Phase 10 (EC)	MARY KAY 9:15 am Devotions (GH) 9:30 am Breakfast Club (RD) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 1:00 pm Mexican Train (EC) 2:00 pm Bridge (EC) 6:00 pm Movie Night (GH)	9:15 am Devotions (GH) 10:00 am Craft Corner- Fall Wreath (RD) 11:00 am Walking (EC) 1:00 pm Blood Pressure Check (EC) 1:30 pm Balanced Body (EC) 2:00 pm Meet & Greet (GH) 2:00 pm Hand Maidens (CL) 3:15 pm Bible Study (EC) 6:30 pm Resident-led Bingo (EC)	9:15 am Devotions (GH) 9:30 am Breakfast Club (RD) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 1:00 pm Mexican Train (EC) 3:00 pm Happy Hour Larry Lang (GH)	9:00 am Oklahoma City Memorial Trip Walking involved 9:15 am Devotions (GH) 2:00 pm Card Games/Bridge (EC)
10:00 am Devotions (GH) 1:30 pm Game time: Mexican Train and a variety of Card Games (EC) 5:30 pm Movie Night (GH) HALLOWEEN	9:15 am Devotions (GH) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 11:30 am SCRABBLE (L) 1:00 pm Dominoes (L) 2:00 pm OM:NI (BR) 3:00 pm Choir Practice (GH) w/Richard Hicks	9:15 am Devotions (GH) 10:30 am Gratitude Tree (RD) 11:00 am Walking (EC) 1:00 pm Penny Bingo (RD) 1:30 pm Balanced Body (EC) 2:00 pm Afternoon Matinee Happy Feet (GH) 6:00 pm Phase 10 (GH)	9:15 am Devotions (GH) 9:30 am Breakfast Club (RD) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 1:00 pm Birthday Party (EC) Music by Barbara Barger 1:00 pm Mexican Train (EC) 2:00 pm Bridge (EC) 6:00 pm Movie Night (GH)	9:15 am Devotions (GH) 10:00 am Craft Corner- Fall Wreath (RD) 11:00 am Walking (EC) 1:00 pm Blood Pressure Check (EC) 1:30 pm Balanced Body (EC) 2:00 pm Hand Maidens (CL) 3:15 pm Bible Study (EC) 5:00 pm Cottage Social (CCH) 6:30 pm Resident-led Bingo (EC)	9:15 am Devotions (GH) 9:30 am Breakfast Club (RD) 9:30 am CoreFit (EC) 10:15 am Chair Exercise (EC) 11:00 am Just Move (EC) 1:00 pm Mexican Train (EC) 3:00 pm Halloween Party (GH)	9:15 am Devotions (GH) 2:00 pm Card Games/Bridge (EC) 2:30 pm Price is Right (EC)