

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">LOCATION KEY</p> <p>FIRST FLOOR (GH) Great Hall (GR) Gathering Room (C) Chapel (BR) Billiards Room (OUT) Bus/ Outing (CH) Community Hub</p> <p>SECOND FLOOR & COTTAGES (EC) Entertainment Center (L) Library (CL) Cozy Lounge (CCH) Cottage Club House (L) Library (G) Gym</p> <p align="center"><i>ALL activities are subject to change due to availability, weather and/or COVID restrictions</i></p>		<p>9:15 Devotions (GH) 1</p> <p>9:30 Cardio Intervals (EC)</p> <p>10:00 Wii Bowling (BR)</p> <p>10:15 Strength Training (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 New Bridge Group (EC)</p> <p>3:00 Cornhole w/ Dustin & Jordan (GH)</p> <p>6:30 Resident led Bingo (EC)</p>	<p>9:15 Devotions (GH) 2</p> <p>9:30 Breakfast Club (RD)</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercise (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR)</p> <p>1:00 Bridge (CH)</p> <p>2:00 Resistance Bands (EC) (EC)</p> <p>3:00 Fall Wreath w/ Oakstreet Health</p> <p>3:00 Playing Pool (BR)</p> <p>6:00 Movie Night</p>	<p>9:15 Devotions (GH) 3</p> <p>9:30 Cardio Intervals (EC)</p> <p>10:00 Wii Bowling (BR)</p> <p>10:15 Strength Training (EC)</p> <p>10:30 Ambassador's Meeting (GH)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Blood Pressure Clinic (BR)</p> <p>1:00 Games Galore (BR)</p> <p>3:00 Cornhole w/ Dustin & Jordan (GH)</p> <p>3-5 Poker (BR)</p>	<p>9:15 Devotions (GH) 4</p> <p>9:30 Breakfast Club: snacks! (L)</p> <p>9:30 CoreFit (EC)</p> <p>10:15 Chair Exercise (EC)</p> <p>1:00 Games Galore (EC)</p> <p>1:00 Bridge (RD)</p> <p>2:00 Town Hall (GH)</p> <p>3:00 Birthday Bash; Barbara Barger (GH)</p>	<p>9:15 Devotions (GH) 5</p> <p>10:00 Bible Study (EC)</p> <p>10:00 Wii Bowling (BR)</p> <p>1:00 Games Galore (EC)</p> <p>1:00 South Tulsa Baptist Arts & Crafts Expo (OUT)</p>
<p>9:15 Communion Sunday (EC) 6</p> <p>1:00 Games Galore (EC)</p> <p>5:30 Game Night (GH)</p>	<p>9:15 Devotions (GH) 7</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercises (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 Play Pool (BR)</p>	<p>9:15 Devotions (GH) 8</p> <p>9:30 Cardio Intervals (EC)</p> <p>10:15 Strength Training (EC)</p> <p>11:00 Lunch at PF Changs (OUT)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR))</p> <p>2:00 New Bridge Group (EC)</p> <p>3:00 Food for Thought (CH)</p> <p>3:00 Cornhole w/ Dustin & Jordan (GH)</p> <p>6:30 Resident led Bingo (EC)</p>	<p>9:15 Devotions (GH) 9</p> <p>9:30 Breakfast Club (CH)</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercise (EC)</p> <p>11:00 Pam's Jewelry (GH)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Bridge (CH)</p> <p>2:00 Resistance Bands (EC)</p> <p>3:00 Playing Pool (BR)</p> <p>3:00 Dance Party (GH)</p> <p>6:00 Movie Night</p>	<p>9:15 Devotions (GH) 10</p> <p>9:30 Cardio Intervals (EC)</p> <p>10:00 Wii Bowling (BR)</p> <p>10:15 Strength Training (EC)</p> <p>10:30 New Resident Meeting (GH)</p> <p>11:00 Mary Kay (GH)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Blood Pressure Clinic (BR)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 FitTalk with Dustin (EC)</p> <p>3:00 Cornhole w/ Dustin & Jordan (GH)</p> <p>3-5 Poker (BR)</p>	<p>Wear your red White & Blue! 11</p> <p>8:00 Free Krispy Cream Donut & Coffee before Veterans Parade lineup</p> <p>9:15 Devotions (GH)</p> <p>9:30 Breakfast Club: Snacks! (RD)</p> <p>9:30 CoreFit (EC)</p> <p>10:15 Chair Exercise (EC)</p> <p>12:00 Free Lunch at Applebees for Veterans only!</p> <p>1:00 Games Galore (EC)</p> <p>1:00 Bridge (RD)</p> <p>3:00 Happy Hour; Richard Hicks Veterans Day Program (GH)</p>	<p>9:15 Devotions (GH) 12</p> <p>10:00 Bible Study (EC)</p> <p>1:00 Games Galore (EC)</p> <p>1:00 Tulsa Aquarium (OUT)</p>
<p>10:00 Devotional (EC) 13</p> <p>1:00 Games Galore (EC)</p> <p>5:30 Movie night (GH)</p>	<p>9:15 Devotions (GH) 14</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercises (EC)</p> <p>11:00 Carol with Avon (GH)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Book Club (L)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 Play Pool (BR)</p> <p>3:00 Choir Practice (GH)</p>	<p>9:00 Coffee & Donuts w/ Oakstreet Health (GH) 15</p> <p>9:15 Devotions (GH)</p> <p>9:30 Cardio Intervals (EC)</p> <p>10:00 Wii Bowling (BR)</p> <p>10:15 Strength Training (EC)</p> <p>11:00 Barbara's Boutique (BR)</p> <p>1:00 Open Gym (G)</p> <p>2:00 New Bridge Group (EC)</p> <p>3:00 Cornhole w/ Dustin & Jordan (GH)</p> <p>6:30 Resident led Bingo (EC)</p>	<p>9:15 Devotions (GH) 16</p> <p>9:30 Breakfast Club (CH)</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercise (EC)</p> <p>1:00 Group Grief Counseling with Humanity Hospice (GH)</p> <p>1:00 Games Galore (BR)</p> <p>1:00 Bridge (CH)</p> <p>2:00 Resistance Bands (EC)</p> <p>3:00 Playing Pool (BR)</p> <p>6:00 Movie Night</p>	<p>9:15 Devotions (GH) 17</p> <p>9:30 Cardio Intervals (EC)</p> <p>10:00 Wii Bowling (BR)</p> <p>10:15 Strength Training (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Blood Pressure Clinic (BR)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 90's and Up Talk Group (GH)</p> <p>3:00 Cornhole w/ Dustin & Jordan (GH)</p> <p>5:00 Cottage Pizza Party; \$5 (CCH)</p> <p>3-5 Poker (BR)</p>	<p>9:15 Devotions (GH) 18</p> <p>9:30 Breakfast Club: Snacks! (RD)</p> <p>9:30 CoreFit (EC)</p> <p>10:15 Chair Exercise (EC)</p> <p>1:00 Games Galore (EC)</p> <p>1:00 Bridge (RD)</p> <p>3:00 Happy Hour; Sugartime Band (GH)</p>	<p>9:15 Devotions (GH) 19</p> <p>10:00 Wii Bowling (BR)</p> <p>10:00 Bible Study (EC)</p> <p>1:00 Games Galore (EC)</p> <p>1:00 Affair of the Heart (OUT)</p>
<p>10:00 Devotional (EC) 20</p> <p>1:00 Games Galore (EC)</p> <p>5:30 Movie Night (GH)</p>	<p>9:15 Devotions (GH) 21</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercises (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 Play Pool (BR)</p>	<p>9:15 Devotions (GH) 22</p> <p>9:30 Cardio Intervals (EC)</p> <p>10:15 Strength Training (EC)</p> <p>11:00 Lunch at Olive Garden (OUT)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 New Bridge Group (EC)</p> <p>2:30 Pie Eating Contest (GH)</p> <p>6:30 Resident led Bingo (EC)</p>	<p>9:15 Devotions (GH) 23</p> <p>9:30 Breakfast Club (CH)</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercise (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Bridge (RD)</p> <p>2:00 Resistance Bands (EC)</p> <p>3:00 Playing Pool (BR)</p> <p>3:00 Dance Party (GH)</p> <p>6:00 Movie Night</p>	<p>9:15 Devotions (GH) 24</p> <p>1:00 Games Galore (BR)</p> <p align="center">  HAPPY THANKSGIVING </p>	<p>9:15 Devotions (GH) 25</p> <p>10:15 Chair Exercise (EC)</p> <p>1:00 Games Galore (EC)</p> <p>1:00 Bridge (RD)</p>	<p>9:15 Devotions (GH) 26</p> <p>10:00 Wii Bowling (BR)</p> <p>10:00 Bible Study (EC)</p> <p>1:00 Games Galore (EC)</p> <p>1:00 Jenks River City Trading Post (OUT)</p>
<p>10:00 Devotional (EC) 27</p> <p>1:00 Games Galore (EC)</p> <p>5:30 Movie Night (GH)</p>	<p>9:15 Devotions (GH) 28</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercises (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 Play Pool (BR)</p> <p>3:00 Choir Practice (GH)</p>	<p>9:15 Devotions (GH) 29</p> <p>9:30 Cardio Intervals (EC)</p> <p>10:15 Strength Training (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR)</p> <p>2:00 New Bridge Group (EC)</p> <p>6:30 Resident led Bingo (EC)</p>	<p>9:15 Devotions (GH) 30</p> <p>9:30 Breakfast Club (CH)</p> <p>9:30 Better Balance (EC)</p> <p>10:15 Chair Exercise (EC)</p> <p>1:00 Open Gym (G)</p> <p>1:00 Games Galore (BR)</p> <p>1:00 Bridge (RD)</p> <p>2:00 Resistance Bands (EC)</p> <p>3:00 Playing Pool (BR)</p> <p>3:00 Dance Party (GH)</p> <p>6:00 Movie Night</p>	<p align="center">  November 2022 </p>		